

#### News from the House

PATEROL

Message from the Board Chair ....

Charlie Baird, Thanksgiving and a Tale of Two Houses

Good day all. I write this as Fall is officially here. Some folks, particularly at work bemoan fall as they worry prematurely about winter; I find fall to be beautiful and avoid looking to the next season, group leader Don M's voice in my memory- "Stay in the Moment".

BRENTWOOD RECOVERY HOME

2335 Dougall Ave Windsor, ON NRX 159 A few weeks ago we had the Charlie Baird pig roast which is a bit of a goodbye to summer and welcome to fall vibe. The turnout was excellent as the Covid hangover is dissipating. I brought Kathy L with me, my significant other, and she commented at the length of the lineup; that this may be a while – nope - the organization as well as the quality of the food was first rate. I know we thank Leo but a truly remarkable job all around. Of course, I think of Charlie and his spirit, love of and commitment to Brentwood. And yes, I have added the t-shirt to my wardrobe. Couldn't help but notice the caricature of Charlie as some angles looks like Ronald Regan. Yep, dating myself a bit.

Lottery home - homes! - update. Readers Digest version. For the last 15 years or so Lakepoint homes has built the homes for the Brentwood Lottery. This is no longer the case since Jeff Sylvestre is no longer dealing in residential Real Estate. At the same time the last two winners of the lottery home took cash instead of the house. The result of these things happening together meant we had to a} find a new builder and b} look to sell the home on Summer Court. This process was hindered by the age of the home and restrictions in the Home Construction Regulatory Authority and Tarion Warranty which caused the builder to decline selling it and because Brentwood does not meet the requirements of being a new home vendor, we are unable to sell it. After months of trying to work around these restrictions the only solution to this, with legal advice, is to lease or rent the home for a period of time until we are able to sell it as a used home, if that is the best option for us. The details of this, all costs, time frame etc. are being finalized and will be reported when finalized. We do have a new builder, NOR-BUILT and have his commitment to provide the new home for Lottery 32.

The details of this, all costs, time frame etc, are being finalized and will be reported when finalized. We do have a new builder, NOR-BUILT, and again details to follow in October.

An important note; I wish to state how good a friend to Brentwood Jeff Sylvestre has been - his involvement with us in previous lotteries has been integral to their success - and we will always be grateful to Jeff and Lakepoint Holmes.

Grateful brings us to Thanksgiving, to give thanks. Father Paul often stated that for us in recovery Thanksgiving is THE most important one for we, we alcoholics, have the most to be grateful for. I believe that - and I am grateful, very grateful, to Father Paul and Charlie Baird and all in the Brentwood family for showing me the way back from the abyss.



Happy Thanksgiving! Ken Courtenay



## ANNUAL GENERAL MEETING

of the Members of the Corporation

Wednesday, October 18, 2023

Doors open at 5 pm Meeting begins at 6 pm

Brentwood Recovery Home - 2335 Dougall Ave., Windsor PROXY VOTES due by 6 pm on October 16
Please contact Rosanne at
<a href="mailto:rstdenis@brentwoodrecovery.com">rstdenis@brentwoodrecovery.com</a> for your Proxy
Declaration Form

VIRTUAL ATTENDANCE OPTION

Zoom Poll (Voting) Option available. Please pre-register by
October 16 by emailing Rosanne at
rstdenis@brentwoodrecovery.com for details.

## Redesigning Our Future Redesigning Our Future



#### Vision:

Transforming lives and communities through compassion, hope, recovery and service.

VALUES:

**FELLOWSHIP** 

**ACCOUNTABILITY** 

**TEAMWORK** 

**HONESTY** 

**EXCELLENCE** 

RESPECT

**FOCUS** AREAS:

#### **ENHANCED PROGRAMMING**

BRH envisions opportunities to expand existing services with a holistic approach focused on body, mind, spirit & social programming.

1. Identify priority areas for program expansion.

- 2. Define "population served" more clearly including referral criteria.
- 3. Identify any necessary funding sources.
- 4. Partner with & leverage other Community Provider Programs/services.

#### **BEST PRACTICE IMPLEMENTATION**

BRH is committed to excellence & providing staff & volunteers with evidencebased tools to deliver best practice addiction treatment & care services.

- 1. Develop & implement an Accreditation work plan focused specifically on the Community MHA standards component.
- 2. Adopt a harm reduction modality as an additional addiction management tool.
- 3. Create strategies & tools to support professional development & training.

#### **ALUMNI ENGAGEMENT**

BRH values a meaningful volunteer role for alumni in bringing the voice of the Fellowship to the program co-design process.

- 1. Recruitment of Volunteer Coordinator.
- 2. Create a structure to support meaningful Alumni engagement with a focus on prevention & service.
- 3. Provide training & education for Peer Support volunteers.

#### **BRH NEW CHAPTER**

BRH is beginning a new chapter in their long history of providing addictions services & want to share their story with the community.

- 1. Engage a marketing firm to assist with refreshing the BRH brand (internal/
  - external). 2. Ensure alignment of all future
  - messaging & communications.
  - 3. Develop a focus on community outreach.
  - 4. Strengthen community partnerships.

**ENABLERS:** 

**OBJECTIVES:** 

- Clarity of purpose/direction
- Effective communication/transparency
- Positive morale

- Community Partnerships
- Expertise of staff, volunteers & partners
- Flexibility to grow
- Technology Budget
- Training/Education

RESULTS:

- Increased staff morale
- Increased participation of Alumni in Project Teams Increase in the OPOC "Activity/Free Time" score
- Increase in # of successful program completions
- Decrease in involuntary discharges
- Increase in fundraising dollars
- Completion of accreditation with "exemplary standing"
- Increase in donations
- Increase in referrals from a broader # of community providers

#### WE NEED YOUR PARTICIPATION!

# Working Groups Recruitment ent



#### STEERING COMMITTEE

ENHANCED PROGRAMMING

**Project Team** 

Leslie Taylor & Co-Lead (Staff/Alumni) &

8-10 Members

BEST PRACTICE
IMPLEMENTATION

Project Team

Elizabeth Dulmage &

Co-Lead (Staff/Alumni)

8-10 Members

ALUMNI ENGAGEMENT

Project Team

Marc Zakoor

Co-Lead (Staff/Alumni)

8-10 Members

**BRH NEW CHAPTER** 

Project Team

Paul McCann

Co-Lead

(Staff/Alumni)

OX.

8-10 Members

PLEASE SIGN UP FOR ONE OR MORE OF THE ABOVE PROJECT TEAMS by SEPT. 30, 2023. YOU MAY SIGN UP ON THE CLIPBOARDS OUTSIDE THE EVENTS HALL OR EMAIL

rstdenis@brentwoodrecovery.com.

Thank you for your commitment!

### Committees/Events Planning

### Committees/Events Planning

#### We Need Your Help!



#### **BINGO**

#### **BRENTWOOD SESSIONS EARN US MONTHLY INCOME!**

Please contact Russ Robinet to sign up at rrobinet@brentwoodrecovery.com or ext 264.

#### **OCTOBER 14 WALKATHON**

Please contact Paul McCann at

pmccann@brentwoodrecovery.com or ext. 227 or

Janis Cramp at jcramp@brentwoodrecovery.com or ext. 211

#### **60TH ANNIVERSARY CELEBRATION 2024**

#### Please contact Paul McCann at

pmccann@brentwoodrecovery.com or ext. 227 or
Janis Cramp at jcramp@brentwoodrecovery.com or ext. 211

#### **DREAM HOME LOTTERY TICKET SALES**

Please contact Paul McCann at

pmccann@brentwoodrecovery.com or ext. 227

#### **FUNDRAISING SUB COMMITTEE**

Please contact Paul McCann at

pmccann@brentwoodrecovery.com or ext. 227 or

Janis Cramp at jcramp@brentwoodrecovery.com or ext. 211

#### **SOCIAL COMMITTEE**

Please contact Jenn Lavin at

jlavin@brentwoodrecovery.com or ext. 224



#### **NEW HIRES**

(Since March 29, 2023 Town Hall)

Rene Beaulieu, Kitchen Staff

Kelly Burling, Part-Time RPN

Janis Cramp, Volunteer/Special Projects Coordinator

**Ashley Hartleib**, Client Navigator

Sahar Jamaa, Part-Time RPN

Joe Papa, Intake Officer

Rosanne St. Denis, Executive Assistant

Adam Vandermuren, RN Supervisor

Welcome back, Mary Cadieux (filling Jenn Bastien's maternity leave)



## UPCOMING EVENTS

#### Mark Your Calendars...

- ✓ September 30, 2023 National Truth & Reconciliation Day
   (Acknowledged Week of September 25, 2023, Topic: Respect)
  - ✓ October 14, 2023 Walkathon
  - ✓ October 28, 2023 Hallowe'en Party
  - ✓ December 3, 2023 Children's Christmas Party
  - ✓ December 22, 2023 Christmas Lunch @ noon
  - ✓ December 31, 2023 New Year's Eve Dinner/Dance

Details to Follow...



## FUNDRAISING UPDATE





#### **Golf Tournament Update**

The annual Father Paul Golf Scramble was held on Saturday, June 17 at Orchard View Golf Course. Over 100 golfers enjoyed a great day of fun and fellowship and helped raise \$18,096.53 for Alumni social events.



#### **Charlie Baird Annual Pig Roast Update**

The annual Charlie Baird Pig Roast was held on Saturday, September 9. Over 400 people enjoyed the gastronomic event, including the sounds of British Beat 66 and a very happy 50/50 winner who took home over \$1,000. The event is still wrapping up and is expected to raise around \$8,000 for Alumni social events.

#### Dream Home Lottery, October 1 to December 31, 2023 Kick-Off



It's Dream Home Lottery season and sales open on October 1 at 9:00 am. Over \$1 million in exciting cash and prizes are available, including the beautiful dream home built by NOR-Built Construction. Tickets are \$50 each, \$100 for 3 or \$250 for 10. Get your tickets early to be eligible for all the draws. Ticket deadline is December 31 at 11:59 pm and grand prize draws will be held on Saturday, January 13. Don't forget to get your 50/50 bonus draw tickets too. Tickets for this draw are 3 for \$5, 10 for \$10, 50 for \$20 or 200 for \$50. The winner will receive 50% of the final jackpot. Last year's winner took home over \$130,000. The 50/50 jackpot draw

will take place during the grand prize draws on January 13. Be sure to check out the lottery website at <a href="https://www.brentwoodlottery.com">www.brentwoodlottery.com</a> for all the details about prizes, ticket deadlines, draw schedules and where and when tickets will be sold.

#### Walkathon (Pledge Sheets)

Our Annual Youth Walkathon will take place on Saturday, October 14. Warm up is 9 am followed by a 10 am start. The 5 kilometer course will once again wind through beautiful Jackson Park, returning to the Brentwood property for a BBQ lunch. Register your teams and start your pledging! Register online at <a href="https://www.brentwoodrecovery.com/event/brentwood-walkathon/">https://www.brentwoodrecovery.com/event/brentwood-walkathon/</a> Pledge forms are also available at the front office. Proceeds from this year's walkathon will support our Children & Youth Group Programs & Activities.



#### \$40,000 Donation

Thank you to the estate of Marion Rae Melville for the donation of \$40,000. Marion passed away on December 28, 2022 and it was her dying wish that Brentwood receive this donation.



#### **RONA+ Home Sweet Home Campaign**

Calling all DIY'ers! Visit the Rona+ Windsor locations for all your home project needs the month and donate to the Home Sweet Home Campaign. The Rona+ Windsor stores are donating the proceeds from this month long campaign to Brentwood. For the month of September, shoppers have been aksed to donate \$2, \$5 or \$10, in store or online with Brentwood as the beneficiary. Brentwood Alumni and have been in the stores as part of the campaign, speaking with customers and promoting Brentwood in the community. Help spread the word by getting friends and family to donate in store. Hurry, the campaign ends September 29.



#### Windsor Spitfires 50/50 Draw

The Windsor Spitfires are teaming up with Brentwood Recovery to raise funds for a great cause, and we're looking for volunteers like you to make it happen. By lending a hand at our 50/50 event, you'll play a crucial role in supporting individuals on their journey to recovery. Your assistance will be greatly appreciated and will make a significant impact on the lives of those in need. Games dates are Saturday, September 30th and Thursday, October 05th from 5:30 pm to 8:30 pm. Contact Janis Cramp, Volunteer/Special Projects Coordinator at jcramp@brentwoodrecovery.com or 519-2441 x 211.

## LOTTERYNEWS

#### 50/50 BRH ELECTRONIC RAFFLE WINNERS

www.5050brh.com

JULY Grand Prize - \$42,840







\$63,000

**AUGUST Grand Prize - \$31,500** 

total pot \*







Volunteering for a Cause: Transforming Lives Through Service

At Brentwood Recovery Home, our vision is crystal clear: "Transforming lives and communities through compassion, hope, recovery, and service." This vision doesn't just belong to us; it's a shared dream that alumni like you help bring to life. In this newsletter article, we want to shine a spotlight on the incredible reasons why alumni should consider volunteering for fundraisers, events and committees at Brentwood. Whether it's selling 50/50 tickets for the Windsor Spitfires or promoting our lottery tickets, your involvement can make a profound impact on our mission and the lives we touch.

#### 1. Reconnect and Give Back

Brentwood holds a special place in the hearts of our alumni. It's where you began your journey towards recovery and self-discovery. Volunteering is an excellent way to reconnect with the community that played a pivotal role in your life. By giving back, you're not only strengthening your ties to Brentwood but also helping the current residents who are on the same path you once walked.

#### 2. Support Compassion and Hope

Our vision is built on compassion and hope. By volunteering, you become a beacon of light for individuals currently battling addiction. Your presence and commitment to our fundraisers, events and committees serve as a powerful testament to the possibility of recovery and transformation. You offer hope to those who may be struggling to find it within themselves.

#### 3. Personal Growth and Development

Volunteering at Brentwood is a unique opportunity for personal growth and development. It allows you to enhance your skills, such as communication, leadership, and teamwork, while contributing to a meaningful cause. These experiences can be invaluable not only in your personal life but also in your professional life.

#### 4. Strengthening Communities

When you volunteer for fundraisers, events or committees at Brentwood, you're actively participating in strengthening communities. Our work goes beyond the walls of the recovery home; it extends to the larger community. By helping us raise funds, you contribute to programs and initiatives that benefit not only our residents but also the neighborhoods they return to after treatment.

#### 5. Joining a Supportive Network

Volunteering at Brentwood means joining a supportive network of like-minded individuals who share your commitment to recovery, service, and compassion. It's an opportunity to forge new friendships and build connections with people who understand the challenges and triumphs of the recovery journey.

#### Join Us In The Journey - How Alumni Can Get Involved

There are various ways for alumni to get involved and make a difference at Brentwood and more information will be coming soon. Our current volunteer needs include:

- Selling 50/50 Tickets: Join our team of volunteers selling 50/50 tickets during Windsor Spitfires games. Not only is this a fun and exciting way to contribute, but it also helps raise crucial funds for our programs and services. Game dates are Saturday, September 30th and Thursday, October 05th from 5:30 pm to 8:30 pm.
- Lottery Ticket Sales: Help sell Brentwood Lottery tickets. Lottery sales are a significant source of funding for Brentwood, and your support is crucial in making this fundraiser a success.



If you're interested in volunteering for either of these two immediate needs or want more information on how to get involved, please reach out to Janis Cramp, Volunteer/Special Events at jcramp@brentwoodrecovery.com or please call Janis at 519-253-2441 x. 211.

Remember, your involvement, no matter how big or small, is a vital component of our vision to transform lives and communities. Together, we can continue spreading compassion, hope, recovery, and service to those who need it most.

Your Fundraising Team,

Paul McCann, Director, Fund Development & Community Engagement

Janis Cramp, Volunteer/Special Events Coordinator



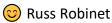
#### St. Clair College Partnership and 'Zen Garden' Project



During the past year, we've been developing a relationship with St. Clair College and their Landscape Design program. We're excited to announce that the College has agreed to partner with us and support the creation of a new green space on the southeast corner of our property near the Women's pavilion area.

In early November, design students will be on site taking measurements and pictures, and with a little guidance from our team will each present a vision for the space. Our hope and intent are to create a "spiritual oasis", with seating, privacy, calming visuals and plant life. After selecting a design idea, we're looking to have shovels in the ground in Spring 2024, with the project completion by the end of the school year. Huge shout out and thank you to St. Clair College President Patti France and Landscape Department Coordinator John Lein for helping us bring this long-time vision to reality!!

Can't wait!



### Women's Support



#### Group

Meetings on Wednesdays at 6 pm

& Thursday mornings at 9:30 am

PLEASE SIGN IN at the main entrance before proceeding to the Youth Wing.





### Couples Group Meetings



every other Monday at 6 pm

(Next meeting: October 2, 2023)

PLEASE SIGN IN prior to proceeding to the Youth Wing

#### **Youth Group Meetings**

(Ages 6-16)

Every Tuesday at 6 pm Main Events Hall

Parents or Guardians must be in attendance.



## Opens Arms with Service



Thank you to all who participate in making a difference in someone's recovery journey.

Anyone who would like to join and be on a team please call Rick Pilon 519-564-8041 or Catherine Howard at 226-975-3636.

## SUNDAY MORNING CHURCH SERVICES



Join us Sunday mornings at 10 am for mass/church services - friends and family are welcome!

Alternating one week Catholic mass, the next week non-denominational.

**Review Weekly Announcements for details.** 

## **EUCHRE TOURNAMENTS**



Mark your calendars! Last Friday of the Month Next dates: September 29, October 27, November 24

Euchre tournament starts at 7:30pm in the Main Events Hall. Doors open at 7 pm.

**Tournament Fee \$10** 

Top 3 scores share 50% of the buy-in.

## BRENTWOOD MERCHANDISE



Brentwood hoodies, T-shirts and golf shirts are available in different styles and colours. Please see Jamie Fowler at reception (main entrance) to place your order.

Food Bank	The food bank is now open Monday to Friday from 9:30am to 10:30am.
	Monetary donations are appreciated.
	Online: etransfer@brentwoodrecovery.com (in memo write FOOD BANK) or
	contact Rick Pilon at 519-564-8041.
	Every little bit helps – \$5 makes a difference!
Suggestions and Questions	Suggestions and questions can be submitted in the box under the TV by the main entrance.
Box Area	Every month answers will be posted on the board above it.
Coming soon	Inspirational messagesRecovery Gave Me Templates will soon be available for alumni to complete and post on the Suggestions & Questions bulletin board.
Sunday Afternoons	Continues every 1 <sup>st</sup> and 3 <sup>rd</sup> Sunday each month at
with Father Paul	1 pm in the Administration Building. Alumni and people on program are welcome.
Brentwood's Weekly Announcements	Stay in the know! Announcements are shared
	main entrance lobby TV
	at the 10:30 am meetings
	by email (optional)

## THANK YOU ALUMNI OR EVERYTHING YOU DO FOR BRENTWOOD