

Brentwood Recovery Home

JOB DESCRIPTION

JOB TITLE: Registered Psychotherapist

(Full-time 3-month contract position concluding March 31st, 2024)

DATE PREPARED: October 25th, 2023,

POSTING NUMBER: 23-2023

DEPARTMENT: Clients Services

REPORTS TO: Director of Client Services

GENERAL SUMMARY

Under the direction of the Director of Client Services, Brentwood is seeking one (1) enthusiastic, professional Psychotherapist with excellent communication and interpersonal skills to work collaboratively with other team member to provide evidence informed psychotherapy to residential clients **for a period of 3 months.**

ORGANIZATIONAL DUTIES AND RESPONSIBILITIES:

In addition to specific key job responsibilities identified in this position description, the incumbent is also responsible for contributing and supporting the overall culture and working environment of Brentwood by:

- Demonstration and exemplify Brentwood's mission and values in day-to-day work
- Acting with the highest standard of professionalism with clients, family members, community partners, and colleagues.
- Working in the manner that preserves and respects the privacy and confidentiality of personal health information.
- Working in a manner that promotes and maintains the reputation of Brentwood and minimizes risk of harm and/or liability to the organization.
- Working in a manner that complies with Brentwood's policies and procedures.
- Working in a manner that meets all Health and Safety requirements to ensure a healthy and safe workplace.
- Acknowledging, respecting, and affirming the diverse needs of our community, clients, and Brentwood's employees with the goal of reducing disparities in health outcomes.
- Contributing to Brentwood's work by promoting awareness, participating in committees and agency events.

POSITION RESPONSIBILITIES AND DUTIES:

- Coordinate, initiate and conduct assessments to help guide treatment planning
- Provide individual and group psychotherapy utilizing evidence-informed practices
- Offer individual and group support to family members and lead group counseling and education sessions.
- Work in close collaboration with the Physicians and medical and treatment team to monitor the clients experience through ongoing meetings to review progress, create, and adjust treatment plans, and liaise with referral sources
- Take responsibility to lead the development and implement action of discharge planning and referral to appropriate community resources
- Facilitate specialized group therapy sessions
- Work in collaborate with external resources on the development of a research project
- Lead team monitoring and evaluation of client progress on their treatment plan

- Complete documentation and record-keeping as per Brentwood Recovery Home and governing College policies

QUALIFICATIONS

Education:

Requires knowledge and skills acquired through the completion of a Masters of Psychotherapy degree. Current membership and in good standing with one of the following:

- Ontario College of Social Workers and Social Service Workers
- Ontario College of Registered Psychotherapists
- College of Nurses of Ontario
- College of Occupational Therapists of Ontario
- College of Physicians and Surgeons of Ontario
- College of Psychologists of Ontario

Experience:

Relevant experience in the Mental Health and Addiction Sector. Previous experience in a residential treatment facility would be an asset.

Knowledge & Skills:

- Comprehensive knowledge of mental illness and treatments
- Up to date knowledge of relevant mental health policy and legislation including the Mental Health Act
- Demonstrates the ability to work in a multidisciplinary team
- Effective oral and written communication skills
- Bilingualism in both official languages would be an asset

Interaction:

Able to work with other professionals to problem solve and achieve common goals in a predicative manner using a cooperative approach.

Decision making and problem solving:

Able to take action solving problems while exhibiting judgement and a realistic understanding of issues, able to use reason, even when dealing with emotional topics.

Energizing:

Able to create positive energy (motivation) in both individuals and groups.

Compensation and Schedule

Starting salary to be based upon the successful applicant's experience and qualifications.

Valid Police Clearance with Vulnerable Sector check will be required.

How to Apply

In compliance with Covid-19 related policies and restrictions, resume and cover letter may be submitted by email only to: jlain@brentwoodrecovery.com on or before 3pm October 31st, 2023

Please mark in the subject line "Posting # 04-2023"

Brentwood Recovery Home is an equal opportunity employer and strives to establish and maintain an inclusive workplace and believes that the diversity of our workforce is an invaluable asset. We are committed to following recruitment and selection practices that ensure all candidates are given a fair opportunity for employment with Brentwood. We welcome and encourage applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.